



THE PRP CENTER

NONSURGICAL HAIR RESTORATION

TED TREATMENT CARE

PRE-TREATMENT

CLEAN SCALP: Wash your hair the night before, or the morning of your appointment. Ensure your scalp is clean (free of oils, styling products, or dry shampoo).

AVOID HAIR PRODUCTS: Do not apply any gels, sprays, serums, or oils to your hair or scalp on the day of your treatment.

NO CHEMICAL TREATMENTS: Avoid coloring, perming, or chemically straightening your hair at least 72 hours before the treatment.

AVOID SUNBURN OR IRRITATION: Avoid prolonged sun exposure or anything that may irritate your scalp before treatment.

HYDRATION: Drink plenty of water the day before and the day of your treatment to help your skin respond better to the procedure.

DISCLOSE MEDICAL INFORMATION AND REMOVE HEARING AIDS: Inform your provider if you're pregnant or breastfeeding. Hearing aids should be removed prior to treatment. Please let your provider know if you have a pacemaker or metal implants in your head or body. TED treatment is contraindicated for individuals with a pacemaker or an implantable cardioverter-defibrillator (AICD).

CONTRAINDICATIONS:

- Pregnancy or breastfeeding
- Active scalp infections or disorders (includes fungal infections, open wounds, sores, eczema, psoriasis flares, or seborrheic dermatitis).
- Active skin cancer of scalp
- Pacemakers or Implantable Medical Devices (Alma TED uses acoustic sound waves, which may interfere with electronic implants).
- Allergy to active Ingredients (known hypersensitivity or allergy to any component of the TED serum)
- Recent hair transplant surgery (must wait until fully healed, as advised by a physician).

POST-TREATMENT

DO NOT WASH HAIR: Avoid washing your hair for at least 24 hours post-treatment. This allows the active ingredients to penetrate and stay effective.

AVOID HAIR PRODUCTS: Refrain from using hair sprays, oils, dry shampoo, or styling products for 24–48 hours.

NO CHEMICAL TREATMENTS: Avoid coloring, perming, or chemical treatments for 3–5 days after the session.

AVOID EXCESSIVE SWEATING: Avoid strenuous workouts, saunas, steam rooms, or anything that causes heavy sweating for 24–48 hours, as it may interfere with ingredient absorption.

SUN PROTECTION: Protect your scalp from sun exposure. Wear a hat if you're outside for extended periods.

STAY HYDRATED AND NOURISHED: Continue to drink plenty of water and eat a nutrient-rich diet to support hair health.

NO SCALP MASSAGE: Avoid vigorous scalp massages or scratching the area for 48 hours.

FOLLOW-UP TREATMENTS: Attend all recommended sessions (usually a series of 3–4, spaced one month apart) for best results.

SEEK MEDICAL CARE IF

- You experience persistent redness, swelling, or itching
- You experience any allergic reaction or unusual side effects



Complications are incredibly rare, but if you develop ANY side-effects please call **919.526.0015** for further guidance.



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